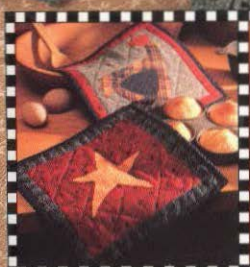
30+ PROJECTS USING

FAT QUARTERS



A LEISURE ARTS PUBLICATION

INTRODUCTION

Created especially for fat quarter collectors, this book is filled with fast, fun, and fabulous fabric projects! Our 30+ wall hangings, pillows, placemats, and other home accessories were all designed with no serious sewing involved — in fact, most use time-saving no-sew techniques. We've even taken all the guesswork out of knowing how many fat quarters you'll need. You'll enjoy these projects so much, you'll want to bring all your fabric crafting down to size — fat quarter size, that is ... with value, variety, and versatility all rolled into one!

BEAR'S PAW PILLOW

No-Sew

Photos, front cover and pg. 18

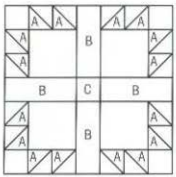
SUPPLIES

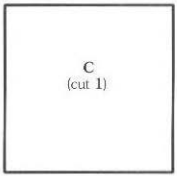
Two 20" squares of fabric for pillow front and back
Fat quarter of fabric for background
Scraps of coordinating fabrics for appliqués
¾"w and 1"w paper-backed fusible web tape
Paper-backed fusible web
18" square pillow form

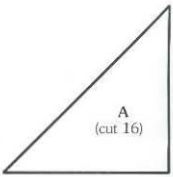
INSTRUCTIONS

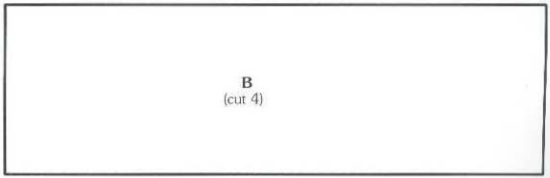
1. Cut a 13½" square from fabric for background.
2. Cut an 8½" square from one appliqué fabric and web. Follow manufacturer's instructions to fuse web to wrong side of fabric. Remove paper backing. Center on right side of background square; fuse in place.
3. For A, B, and C appliqués, trace each pattern indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart.
4. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out. Do not remove paper backing. Press one short end of each appliqué B ½" to wrong side.
5. Cut a 13½" square of web; fuse web to wrong side of 13½" background square. Do not remove paper backing. Press each edge of background square ¾" to wrong side.
6. Remove paper backing from appliqués. Referring to Diagram, arrange appliqués on background square with each pressed end of appliqué B folded over pressed edges of background square; fuse in place.
7. Follow manufacturer's instructions to fuse ¾"w web tape along pressed edges of background square. Remove paper backing. Center background square on right side of one 20" square of fabric; fuse in place.
8. Fuse 1"w web tape along edges of both 20" squares on right side of fabric. Remove paper backing from bottom and side edges of each square.
9. Matching right sides, fuse bottom and side edges of squares together; clip corners. Carefully turn right side out. Insert pillow form.
10. Remove paper backing from web tape along top edges. Fold edges to inside. Pin fusible edges together; fuse in place, removing pins as you fuse.

DIAGRAM









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EVERGREEN FOREST PILLOW

Photos, front cover and pg. 18

No-Sew

SUPPLIES

29" square of fabric for pillow back
29" square of muslin
Fat quarter of fabric for background
Scraps of coordinating fabrics for borders and appliqués
¾"w and 1"w paper-backed fusible web tape
Paper-backed fusible web
26" square pillow form
Tracing paper

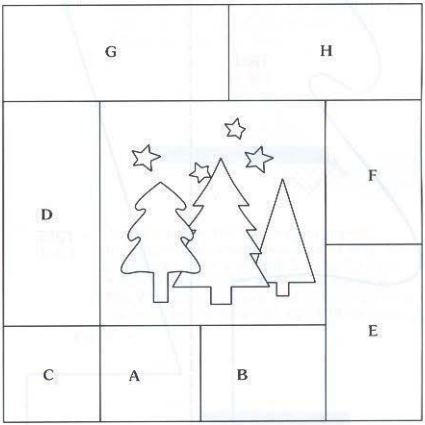
INSTRUCTIONS

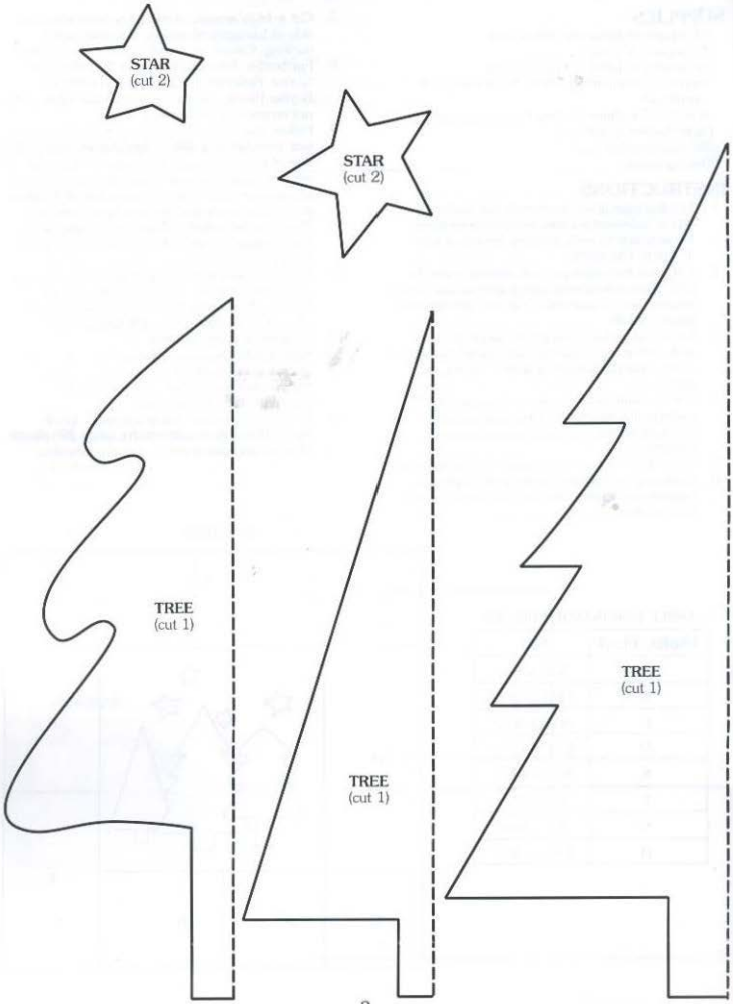
1. For star appliqués, trace each star pattern, pg. 3, indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart.
2. For each tree appliqué, fold tracing paper in half. Place folded edge along dashed line of tree pattern, pg. 3, and trace. Cut out through both layers; unfold.
3. Place tree patterns on paper backing side of web. Draw around patterns indicated number of times, spacing designs at least 1" apart; cut apart.
4. Follow manufacturer's instructions to fuse patterns traced on web to wrong side of appliqué fabrics; cut out. Remove paper backing.
5. Cut a 14½" square from fabric for background.
6. Referring to Diagram, arrange appliqués on background square, overlapping as necessary; fuse in place.
7. Cut a 14½" square of web; fuse web to wrong side of background square. Remove paper backing. Center on muslin square; fuse in place.
8. For border, fuse web to wrong side of border fabrics. Referring to Diagram and Table for Border Pieces, cut pieces from fused fabrics. Do not remove paper backing.
9. Follow manufacturer's instructions to fuse ¾"w web tape on right side of fabric along one 8¼" side of fabric pieces B, C, E, and H. Do not remove paper backing. Press edge to wrong side along inner edge of tape; repeat for each fabric piece. Remove paper backing from tape only.
10. Place pressed edge of B over A, overlapping ¾"; fuse. Repeat to fuse C to D, E to F, and H to G, forming four strips.
11. Fuse ¾"w web tape on right side of each strip along one long side. Do not remove paper backing. Press edge to wrong side along inner edge of tape; repeat for each strip.
12. Remove all paper backing.
13. Referring to Diagram, arrange strips on muslin, placing pressed edges over edges of background square, and placing raw edges under an adjoining strip; fuse in place.
14. To complete pillow, follow Steps 8 - 10 of Bear's Paw Pillow instructions, using 29" square of fabric and pillow top.

TABLE FOR BORDER PIECES

FABRIC PIECE	SIZE
A	5½" x 8¼"
B	11½" x 8¼"
C	8¼" x 8¼"
D	8¼" x 15½"
E	8¼" x 14¼"
F	8¼" x 9½"
G	17" x 8¼"
H	13½" x 8¼"

DIAGRAM




STAR
(cut 2)
STAR
(cut 2)
TREE
(cut 1)
TREE
(cut 1)
TREE
(cut 1)

VALANCE

Photo, pg. 25

SUPPLIES

Three fat quarters of fabrics for valance
¼ yd of fabric for rod pocket
½"w paper-backed fusible web tape
Two colors of ⅞"w grosgrain ribbon
Jumbo rickrack
Three 1" dia. shank buttons
Three large wooden beads
Scraps of assorted rickrack and ribbons
Embroidery floss
Hot glue gun

INSTRUCTIONS

Our valance fits a 36"w window. To adjust to fit a larger window, add additional triangles and increase or decrease amount of overlap between triangles and length of rod pocket.

1. From fabrics for valance, cut three triangles that measure 16" on each side. For rod pocket, cut a fabric strip that measures 4" x 40" from fabric for rod pocket, piecing as necessary.
2. On two sides of each triangle, press raw edge ¼" to right side. Use web tape to fuse a length of ⅞"w ribbon or jumbo rickrack along each pressed edge.
3. Press each short end of rod pocket strip ¼" to wrong side; press ¼" to wrong side again and sew in place.
4. Matching right sides and raw edges of rod pocket strip, use a ½" seam allowance to sew long edges together. Turn rod pocket right side out. Press pocket so that seam is at center back.
5. Referring to photo, overlap triangles and pin in place. Press raw edges of triangles ½" to wrong side.
6. Matching one long edge of rod pocket to pressed edges of triangles and with rod pocket seam against back of valance, use a ½" seam allowance to sew rod pocket to top edge on back of triangles.
7. For each tassel, cut several 10" lengths of rickrack and assorted ribbons; mix lengths together. For hanger, knot a 6" length of embroidery floss around center of bundle. Fold bundle in half and insert through one wooden bead; glue to secure. Thread one end of floss through button; knot and trim ends. Glue tassel to one corner of triangle. Repeat for each triangle.

SPARKLING STARS WALL HANGING

Photo, pg. 25

Block size 10¼" x 10¼"
Approximate finished size 17" x 37"

SUPPLIES

Yardage is based on 45"w fabric.

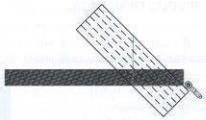
⅜ yd of white print
¼ yd of black and white stripe
Ten fat quarters of assorted bright prints
1 yd for backing and hanging sleeve
¾ yd for binding
21" x 41" batting
Fabric marking pencil
Masking tape
⅜" dia. dowel
Assorted buttons

INSTRUCTIONS

Note: All measurements include ¼" seam allowance. When piecing, match right sides, raw edges, and seams.

1. From white print:
   - Cut 1 strip 3½"w. From this strip, cut 12 squares 3½" x 3½".
   - Cut 1 strip 5½"w. From this strip, cut 3 squares 5½" x 5½". Cut squares twice diagonally to make 12 triangles.
2. From black and white stripe:
   - Cut 2 strips 1¼" x 12¼" for side inner borders.
   - Cut 2 strips 1¼" x 31¼" for top/bottom inner borders.
3. From assorted bright prints:
   - Cut 1 strip 2⅝" x 18" from 8 different prints.
   - Cut 2½"w pieces that vary in length from 1⅜" to 4½" for outer border pieces.
4. Referring to **Fig. 1**, align 45° marking on ruler along lower edge of 1 strip. Cut along right edge of ruler to cut 1 end of strip at a 45° angle. Repeat for remaining strips.

Fig. 1



5. Turn 1 cut strip 180° on mat and align 45° marking on ruler along lower edge of strip. Align previously cut 45° edge with 2⅝" marking on ruler. Cut strips at 2⅝" intervals as shown in **Fig. 2** to make diamonds. Cut 3 diamonds from each strip (you will need a total of 24 diamonds.)

Fig. 2

(Cont'd on pg. 5)

6. Using 8 different-colored diamonds, sew 2 diamonds together to make Unit 1. Make 12 Unit 1's.

Unit 1 (make 12)

7. Sew 2 Unit 1's together to make Unit 2. Make 6 Unit 2's.

Unit 2 (make 6)

8. Sew 2 Unit 2's together to make Unit 3. Make 3 Unit 3's.

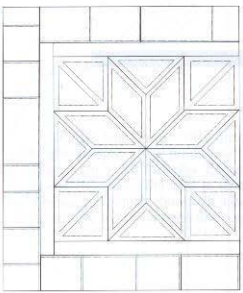
Unit 3 (make 3)

9. Sew 1 Unit 3, 4 triangles, and 4 squares together to make Block. Make 3 Blocks.

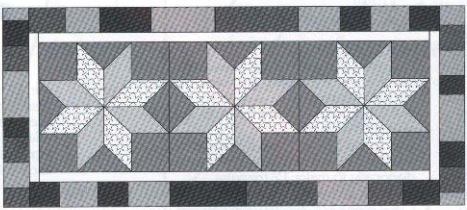
Block (make 3)

10. Refer to Wall Hanging Top Diagram to sew Blocks together to make center section of Wall Hanging Top.
11. Sew top, bottom, then side inner borders to center section.
12. Sew outer border pieces together to make 2 Top/Bottom Outer Borders 2½" x 32¾" and 2 Side Outer Borders 2½" x 16¼".
13. Sew Top, Bottom, then Side Outer Borders to inner borders to complete Wall Hanging Top.
14. Cut a piece of backing fabric same size as batting piece.
15. Follow Quilting, pg. 41, to mark, layer, and quilt, using Quilting Diagram as a suggestion. Our wall hanging is hand quilted.
16. Sew buttons to center of each Block and randomly to Outer Borders.
17. Follow Making a Hanging Sleeve, pg. 42, to attach hanging sleeve to wall hanging.
18. Follow Binding, pg. 41, to bind wall hanging using 2½"w straight-grain binding with overlapped corners.

QUILTING DIAGRAM



WALL HANGING TOP DIAGRAM



NOAH'S ARK WALL HANGING

No-Sew

Photo, pg. 26

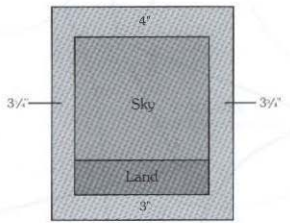
SUPPLIES

29½" x 37¼" piece of muslin for backing
22" x 23" piece of fabric for sky
22" x 7¾" piece of fabric for land
Fat quarters of fabrics for appliqués and borders
A - C, E, and F (we used 18 different fabrics)
¼ yd each for borders D and H
¼ yd of fabric for rod pocket
Paper-backed fusible web
½"w paper-backed fusible web tape
Dimensional fabric paints in squeeze bottles
⅜" dia. dowel
Tracing paper

INSTRUCTIONS

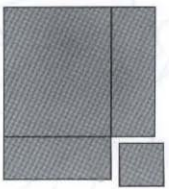
1. Follow manufacturer's instructions to fuse web to wrong side of fabric pieces for sky and land. Remove paper backing.
2. Place fabric piece for sky on muslin 4" from top edge and 3¾" from each side edge. Place fabric piece for land on muslin 3" from bottom edge and overlapping bottom edge of sky fabric piece ***(Fig. 1)***; fuse in place.

Fig. 1



3. (*Note:* For patterns traced in reverse, trace pattern onto tracing paper; turn traced pattern over. Trace reversed pattern onto paper backing side of web.) For appliqués, trace dove, sun, rays, two leaf, two alligator, two camel, and two pig patterns, pgs. 7 and 8, onto paper backing side of web, spacing designs at least 1" apart; cut apart.
4. (*Note:* For half patterns, fold tracing paper in half. Place folded edge along dashed line of pattern and trace. Cut out through both layers; unfold. Trace pattern onto paper backing side of web.) For remaining appliqués, trace Ark top, Ark bottom, two elephant, and two giraffe patterns (each facing the same direction), pgs. 8 and 9, onto paper backing side of web, spacing designs at least 1" apart; cut apart.
5. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out. Remove paper backing.
6. Referring to Diagram, pg. 9, arrange appliqués on sky and land, overlapping as necessary. Fuse in place.
7. For border, fuse web to wrong side of border fabrics. Referring to Diagram and Table for Border Pieces, pg. 9, cut pieces from fused fabrics. Do not remove paper backing.
8. Follow manufacturer's instructions to fuse web tape on right side of fabric along one short edge of fabric pieces A, B, E, and G. Press edges to wrong side along inner edge of tape. Remove paper backing from web tape only.
9. Place pressed edge of A over unpressed edge of B, overlapping ½"; fuse. Repeat to fuse B to C, forming one strip. Press one long edge and one short end of strip 1½" to wrong side.
10. To reduce bulk at corner, unfold and trim as shown in **Fig. 2**; refold.

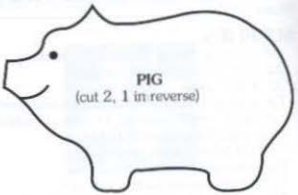
Fig. 2

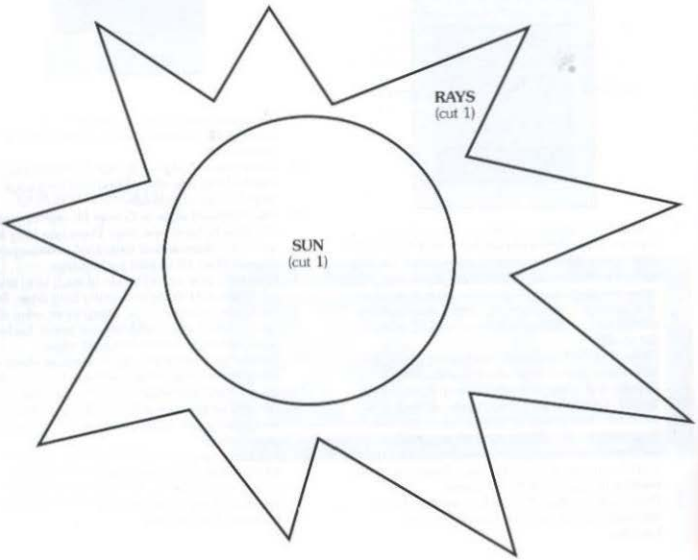


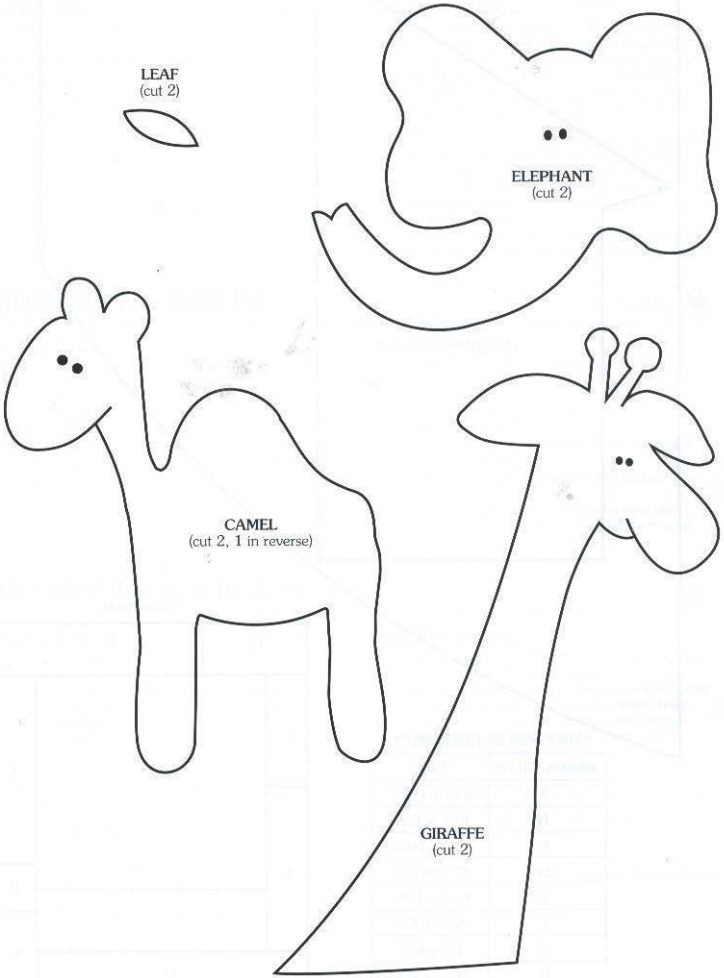
11. Press one long edge and one short end of fabric piece D 1½" to wrong side. Repeat Step 10 to trim corner.
12. Place pressed edge of E over F, overlapping ½"; fuse to form one strip. Press one long edge of strip 1½" to wrong side.
13. Place pressed edge of G over H, overlapping ½"; fuse to form one strip. Press one long edge and each short end of strip 1½" to wrong side. Repeat Step 10 to trim each corner.
14. Fuse web tape on right side of each strip and fabric piece D along remaining long edge. Press each edge to wrong side along inner edge of tape. Unfold edges and remove paper backing from web tape and web; refold edges.
15. Referring to Diagram, pg. 9, arrange strips and fabric piece D on muslin with each 1½" pressed edge folded over edge of muslin and placing ½" pressed edges over edges of sky and land pieces and placing raw edges under an adjoining strip; fuse in place.
16. For rod pocket, cut a 2½" x 27½" piece of fabric. Fuse web tape to each short end on wrong side of fabric. Do not remove paper backing. Press to wrong side; remove paper backing. Fuse in place.

(Cont'd on pg. 7)

17. Fuse web tape on wrong side along each long edge of fabric piece. Remove paper backing. Center rod pocket at top edge on back of wall hanging; fuse in place.
18. To outline appliqués, center a line of paint over all edges; paint eyes and tails. Allow to dry.
19. Insert dowel in rod pocket.






LEAF
(cut 2)
ELEPHANT
(cut 2)
CAMEL
(cut 2, 1 in reverse)
GIRAFFE
(cut 2)

ARK BOTTOM
(cut 1)

ARK TOP
(cut 1)

DIAGRAM

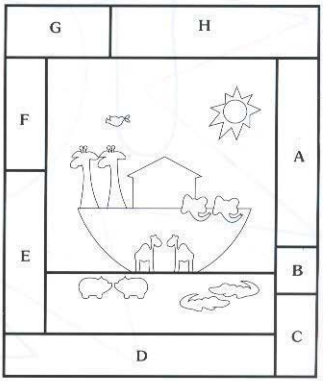


TABLE FOR BORDER PIECES

FABRIC PIECE	SIZE
A	6⅜" x 19¾"
B	6⅜" x 6¼"
C	6⅜" x 10¾"
D	27⅛" x 5½"
E	6¼" x 19¼"
F	6¼" x 12"
G	12" x 6½"
H	21½" x 6½"

BUTTON BASKET

Photos, back cover and pg. 19

SUPPLIES

Small basket (ours measures 3" high and 13" around)
Fat quarter of homespun fabric
Batting
Embroidery floss
Buttons
Jute
Hot glue gun

INSTRUCTIONS

1. Draw around the bottom of the basket on the wrong side of fabric. Measure the height of the basket; add 1". Cutting outside the drawn line, cut out the fabric the height measurement.
2. Using the fabric piece as a pattern, cut out a piece of batting. Trim ½" off the edge of the batting.
3. Using floss, work running stitches, pg. 42; along the edge of the fabric piece. Center the batting, then the basket on the wrong side of the fabric piece. Pull ends of floss to gather the fabric around the basket just below the top rim. Knot the ends to secure.
4. Glue buttons around the rim of the basket and tie a length of jute over the gathers of the fabric.

HOMESPUN CANDLES

No-Sew

Photos, back cover and pg. 19

SUPPLIES

(Note: Supplies given are for crafting one candle.)
Pillar candle
Fat quarter of homespun fabric
Poster board
Paper-backed fusible web
Hot glue gun
Coordinating homespun fabric, raffia, and button (optional)

INSTRUCTIONS

1. Cut poster board and web the desired width and long enough to wrap around candle. Fuse web to poster board.
2. Tear a strip of fabric slightly longer and wider than poster board.
3. Center torn fabric strip on web side of poster board; fuse in place.
4. Wrap fabric-covered poster board around candle; glue in place.
5. If desired, tie or glue coordinating torn fabric strip around candle. Tie raffia lengths around candle. Glue button to fabric.

THANKSGIVING WREATH

No-Sew

Photos, front cover and pg. 19

SUPPLIES

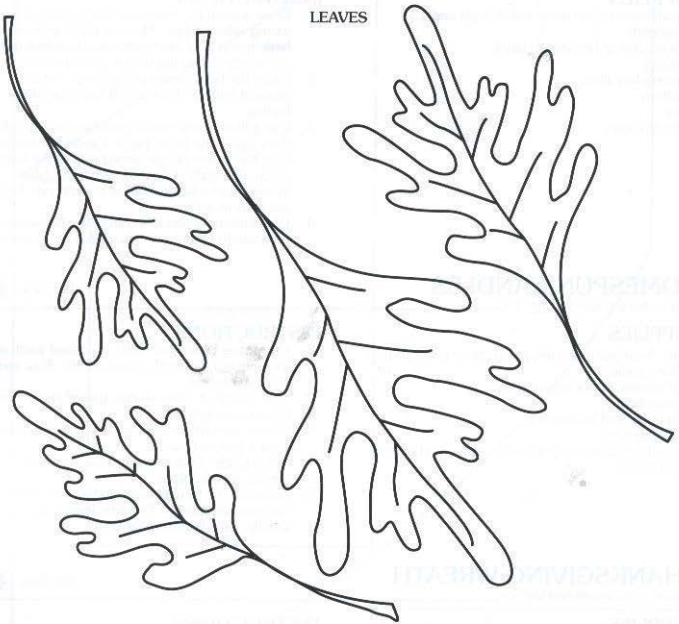
14" dia. grapevine wreath
Fat quarters of five fabrics for leaves
Fat quarters of two fabrics for acorn tops and bases
⅛ yd of fabric for bow
Bristol board
Artificial berry stems
Wheat stalks
Paper-backed fusible web
Black, fine-point permanent pen
Hot glue gun

INSTRUCTIONS

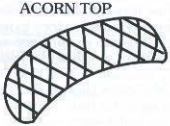
1. Trace designs, pg. 11, onto paper backing side of web as many times as desired.
2. Fuse web to wrong side of fabrics for leaves and acorn tops and bases. Cut along drawn lines. Fuse leaves and acorn bases to bristol board. Fuse fabric acorn tops to acorn bases. Trim bristol board to same size as fabric.
3. Add leaf vein lines using pen.
4. To decorate wreath, insert wheat stalks and berry stems into wreath. Tear a 26" x 2½" strip of fabric for bow. Tie into a bow. Glue fabric bow and designs to wreath.

Designed by Susan Fouts

LEAVES



ACORN TOP



ACORN BASE

CHANGING SEASONS WALL HANGING

Photos, back cover and pg. 20

Block size 7½" x 7½"
Approximate finished size 31" x 31"

SUPPLIES

Yardage is based on 45"w fabric.

- ½ yd of yellow print
- ½ yd of gold print
- ¼ yd of brown print
- One fat quarter ***each*** of burgundy print, dark gold print, rust print, dark rust print, two green prints, and two blue prints
- Scrap of small floral print
- 1 yd for backing and hanging sleeve
- ⅜ yd for binding
- 34" x 34" batting
- Twelve red ¼" dia. to ½" dia. buttons
- Paper-backed fusible web
- Fabric marking pencil
- Masking tape
- ⅜" dia. dowel
- Transparent monofilament thread for appliqué

CUTTING OUT THE PIECES

Note: All measurements include a ¼" seam allowance. When piecing, match right sides, raw edges, and seams.

1. From yellow print:
   - Cut 4 large squares 8" x 8".
   - Cut 1 strip 3"w. From this strip, cut 12 squares 3" x 3".
   - Cut 4 rectangles 3" x 8".
2. From gold print:
   - Cut 2 strips 3"w. From these strips, cut 17 squares 3" x 3".
   - Cut 2 strips 4½"w. From these strips, cut 16 squares 4½" x 4½". Cut squares twice diagonally to make 64 triangles.
   - Cut 2 squares 3⅞" x 3⅞". Cut squares once diagonally to make 4 corner unit triangles.
3. From brown print:
   - Cut 2 top/bottom inner borders 1¼" x 24½".
   - Cut 2 side inner borders 1¼" x 23".
4. From rust print, dark rust print, 1 green print, and 1 blue print:
   - Cut 5 squares 3" x 3" from ***each*** fabric.
5. From remaining green, blue, rust, gold, and burgundy prints:
   - Cut a total of 28 border squares 2⅞" x 2⅞".
   - Cut a total of 4 squares 4¼" x 4¼". Cut squares twice diagonally to make 16 border triangles.
6. To make fusible appliqués, trace each pattern, pg. 14, indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out.
7. From small floral print:
   Fuse web to wrong side of fabric. Cut out 12-14 small flowers, taking advantage of floral design in fabric. Remove paper backing.

MAKING THE WALL HANGING

1. Using large squares and gold squares, place one small square on each corner of one large square, matching right sides and raw edges. Stitch diagonally across each small square and trim ¼" from stitching line ***(Fig. 1)***. Press open to complete Block A. Make 4 Block A's.

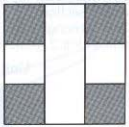
Fig. 1

Block A (make 4)

2. Sew 3 squares together to make Unit 1. Make 2 Unit 1's. Sew Unit 1's and 1 rectangle together to make 1 Block B.

Unit 1 (make 2)

Block B (make 1)

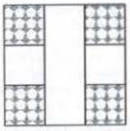


(Cont'd on pg. 13)

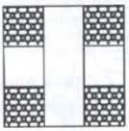
3. Referring to diagrams and using squares and rectangles, repeat Step 2 to make Block C - Block F.

Block C (make 1)

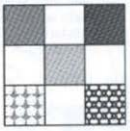
Block D (make 1)



Block E (make 1)

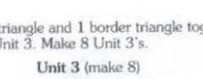


Block F (make 1)



4. Referring to Wall Hanging Top Diagram, stitch appliqués to blocks using transparent monofilament thread and a medium width zigzag with a medium stitch length. Use a coordinating thread to stitch detail lines shown in grey on patterns on holly leaves and oak leaves using a satin stitch.
5. Sew Blocks together into rows, then sew rows together to make center section of Wall Hanging Top.
6. Sew side, then top and bottom inner borders to center section.
7. Sew 2 triangles and 1 border square together to make Unit 2. Make 28 Unit 2's.

Unit 2 (make 28)



8. Sew 1 triangle and 1 border triangle together to make Unit 3. Make 8 Unit 3's.

Unit 3 (make 8)

9. Sew 2 border triangles and 1 corner unit triangle together to make 1 Corner Unit. Make 4 Corner Units.

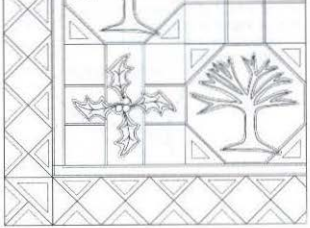
Corner Unit (make 4)

10. Sew together 2 Unit 3's and 7 Unit 2's, arranged in random color order, to make 1 Pieced Border. Make 4 Pieced Borders.

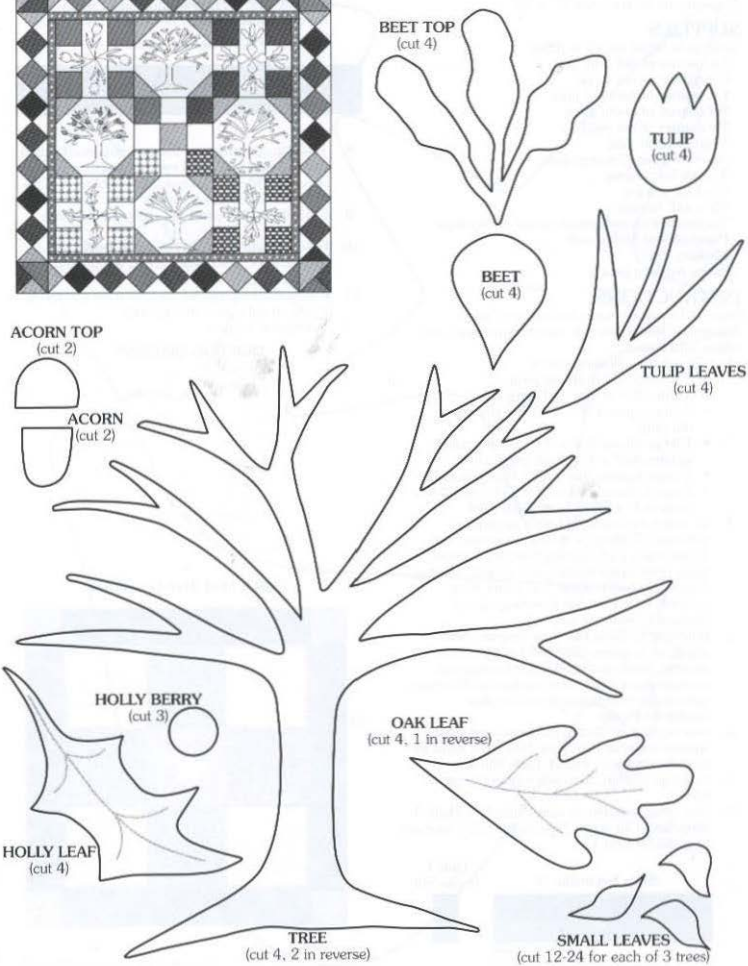
Pieced Border (make 4)

11. Sew 1 Pieced Border to each side edge of center section. Sew 1 Corner Unit to each end of remaining Pieced Borders. Sew Borders to top and bottom edges of center section to complete Wall Hanging Top.
12. Cut a piece of backing fabric same size as batting piece.
13. Follow Quilting, pg. 41, to mark, layer, and quilt using Quilting Diagram as a suggestion. Our wall hanging is hand quilted.
14. Follow Making a Hanging Sleeve, pg. 42, to attach hanging sleeve to wall hanging.
15. Follow Binding, pg. 41, to bind wall hanging using 2½"w straight-grain binding with mitered corners.
16. Referring to photo, sew buttons to tree in top row of wall hanging.

QUILTING DIAGRAM



WALL HANGING TOP DIAGRAM



HEN PARTY TABLE MAT

Photos, back cover and pg. 27

Approximate finished size 37" x 37"

SUPPLIES

Yardage is based on 45"w fabric.

Fat quarter of red print
Fat quarter of red stripe
Fat quarter of dark red print
Fat quarter of green plaid
Fat quarter of tan plaid
¼ yd of black solid
Assorted scraps for appliqués
1¼ yds for backing
⅜ yd for binding
45" x 60" batting
Transparent monofilament thread for appliqué
Paper-backed fusible web
Masking tape
Fabric marking pencil

INSTRUCTIONS

Note: All measurements include a ¼" seam allowance. When piecing, match right sides, raw edges, and seams.

1. Cut out the following pieces:
   - 8 strips 2½"w from red print
   - 8 strips 2½"w from red stripe
   - 4 large squares 9½" x 9½" from dark red print
   - 1 large square 9½" x 9½" and 4 small squares 4½" x 4½" from green plaid
   - 4 large squares 9½" x 9½" from tan plaid
   - 2 top/bottom borders 1" x 27½" and 2 side borders 1" x 28½" from black solid
2. To make the following fusible appliqués: 4 Bodies, 4 Wings, 4 Beaks, 4 Combs, and 1 Star, trace each pattern indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out.
3. Referring to Table Mat Top Diagram, fuse appliqués to green plaid and tan plaid large squares. Stitch appliqués using transparent monofilament thread and medium width zigzag with medium stitch length to complete Appliquéd Blocks.
4. Sew Appliquéd Blocks and remaining large squares together into rows. Sew rows together to make center section of Table Mat Top.
5. Sew top, bottom, then side borders to center section.
6. Sew strips together to make Strip Set. Make 4 Strip Sets. Cut across Strip Sets at 2½" intervals to make 56 Unit 1's.

Strip Set (make 4)

Unit 1
(make 56)

7. Sew 14 Unit 1's together to make Pieced Border. Make 4 Pieced Borders.

Pieced Border (make 4)

8. Sew Pieced Borders to top and bottom of center section. Sew one small square to each end of remaining Pieced Borders. Sew borders to sides of center section to complete Table Mat Top.
9. Cut a 40" x 40" piece of batting and backing fabric.
10. Follow Quilting, pg. 41, to mark, layer, and quilt, using Quilting Diagram as a suggestion. Our table mat is hand quilted.
11. Follow Binding, pg. 41, to bind table mat using 2½"w straight-grain binding with overlapped corners.

QUILTING DIAGRAM

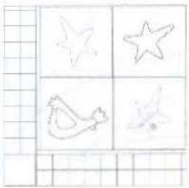
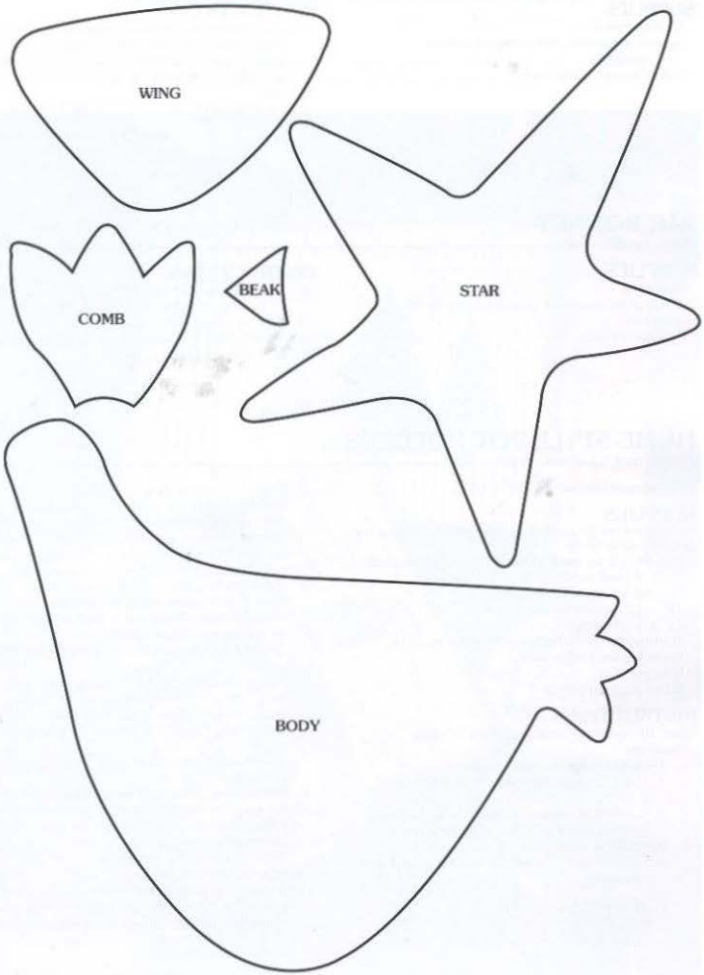


TABLE MAT TOP DIAGRAM

Designed by Country Threads


WING
COMB
BEAK
STAR
BODY

APPLIQUÉ TOWEL

Photo, pg. 28

No-Sew

SUPPLIES

Kitchen towel
Scraps of assorted fat quarters of fabrics for appliqués
Paper-backed fusible web

INSTRUCTIONS

1. Referring to photo, trace patterns, pg. 16, onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out.
2. Arrange and fuse appliqués to kitchen towel.

Designed by Country Threads

JAR BONNET

Photo, pg. 28

SUPPLIES

Mason jar
Scrap of fat quarter of fabric to cover jar lid
⅜"w trim
Embroidery floss

INSTRUCTIONS

1. Cut fabric into a circle 2½" larger than jar lid. Press edge of fabric circle ¼" to wrong side.
2. Sew trim to pressed edge of fabric circle.
3. Place fabric circle over jar lid. Wrap floss around lid and tie in a bow.

HOME-STYLE POT HOLDERS

Photos, front cover and pg. 28

Approximate finished size 10" x 10"

SUPPLIES

Instructions are for making one pot holder. Yardage is based on 45"w fabric.

One fat quarter ***each*** of red print and green plaid
⅛ yd of black solid
Scrap(s) for desired appliqué(s)
12" x 12" square for backing
12" x 12" batting
Transparent monofilament thread for appliqué
Paper-backed fusible web
Masking tape
Fabric marking pencil

INSTRUCTIONS

Note: All measurements include a ¼" seam allowance.

1. From red print and green plaid:
   - Cut 1 background square 8½" x 8½" from 1 fabric.
   - Cut 2 short borders 1¼" x 8½" and 2 long borders 1¼" x 10" from remaining fabric.
2. From black solid:
   - Cut 1 strip 2¼" x 46" for binding, pieced as necessary.
3. From scrap(s) for desired appliqué(s): Referring to photo, trace each pattern, pg. 16, onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out. Fuse appliqués to background square.
4. Referring to photo, sew appliqué(s) to background square using transparent monofilament thread and a medium width zigzag with a medium stitch length.
5. Sew short, then long borders to background square.
6. Follow Quilting, pg. 41, to mark, layer, and quilt. Our pot holder is hand quilted "in the ditch," or very close to the appliqués, around inside of border and in a diagonal grid (see photo).
7. Trim batting and backing even with edges of pot holder top.
8. For binding, press strip in half lengthwise with wrong sides together. Beginning at top corner, follow Steps 2 - 7 of Attaching Binding with Mitered Corners, pg. 41, to attach binding to front of pot holder, leaving excess binding attached for hanging loop. Fold binding over to backing, finger pressing hanging loop so that raw edges are enclosed in binding; pin in place. Slipstitch binding in place. Press end of hanging loop ½" to wrong side; fold to back of pot holder and stitch in place.

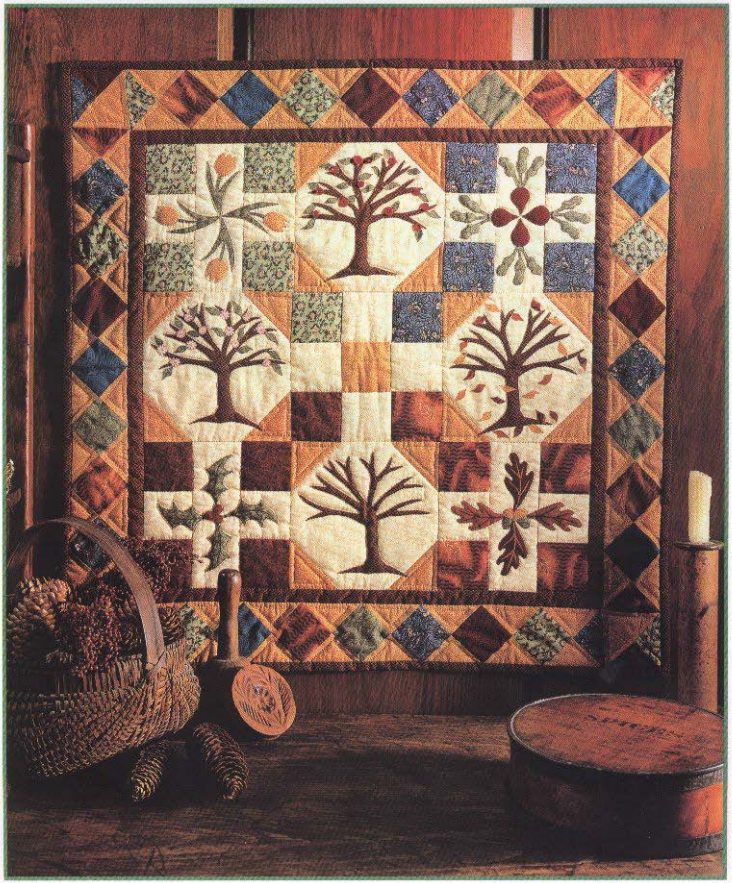
Designed by Country Threads

Woodland Patchwork

Coordinating plaids and other prints come together pleasantly on these woodland pillows. The quilt-look patchwork is actually fast and easy to do using a no-sew technique — just iron the fabrics onto paper-backed fusible web, cut out the pattern pieces, and fuse them to a muslin background.

Seasonal Tribute

Capture the splendor of the changing seasons with an assortment of fat quarters in symbolic colors. The appliquéd trees on our beautiful wall quilt pay tribute to gentle spring, vivid summer, rich fall, and merry winter. To tie the quilt to a roomful of accessories, use matching prints to cushion a basket, wrap candles, and adorn a wreath with cloth-covered bristol board cutouts.



Fresh and Pretty

Preserve the freshness of a spring garden with a bouquet of fabrics in cheery colors. Little pieces of pink, blue, yellow, and green work wonders toward creating charming home accents. Ours are a breeze to make with glue, fabric stiffener, batting, and fused-on appliqués.

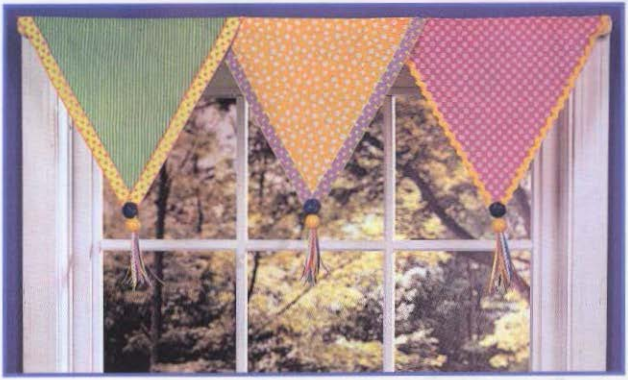
Sunny Settings

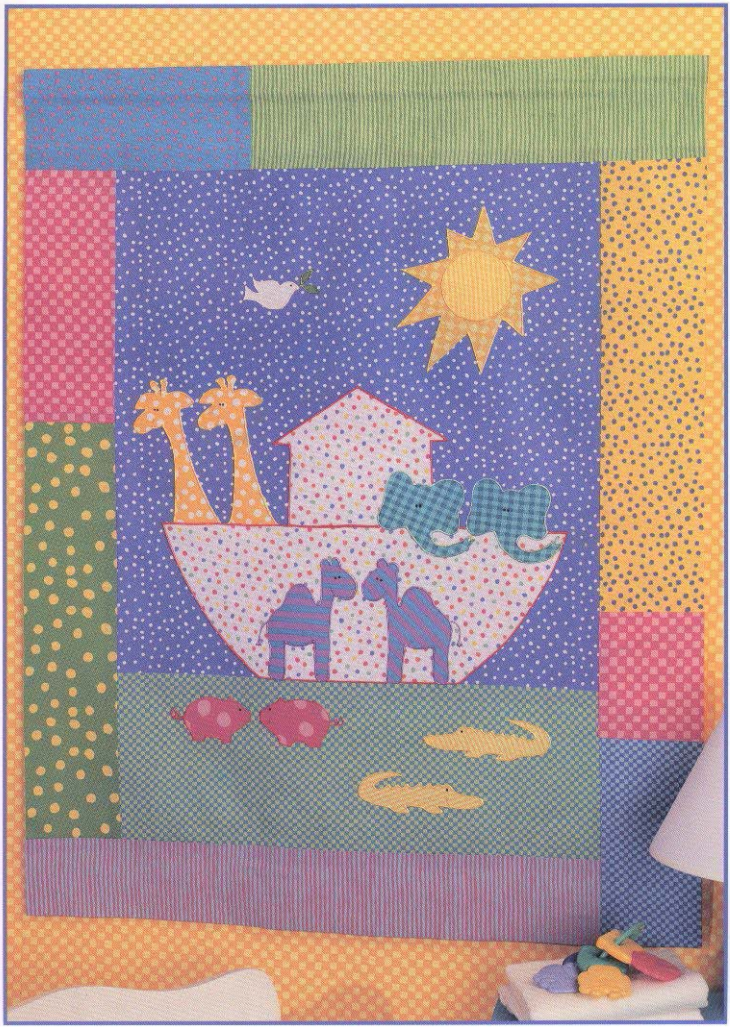
Few sights greet the eyes more gloriously than bright sunflowers standing tall and stately. Give these comely blooms all the attention they deserve with spectacular table settings created from a harmony of fat quarters.

Bold blossoms and simple stripes are fused in place on plain backgrounds for these happy dining room displays. You use a fine-point permanent pen to draw details on the flowers and leaves.

Young Adventures

Make little ones proud of their private space with these exciting room-brighteners. Each calls for an adventurous mix of fabrics, and they're fast as a comet to create! Our valance of triangles is edged with fused-on trim, the star wall quilt takes advantage of rotary-cutting, and the Noah's ark appliqués are finished the no-sew way with dimensional fabric paint.



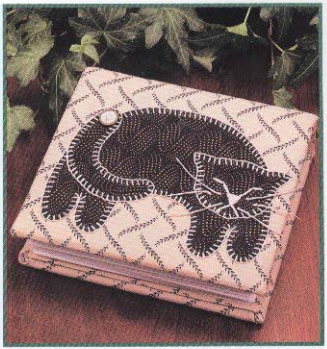


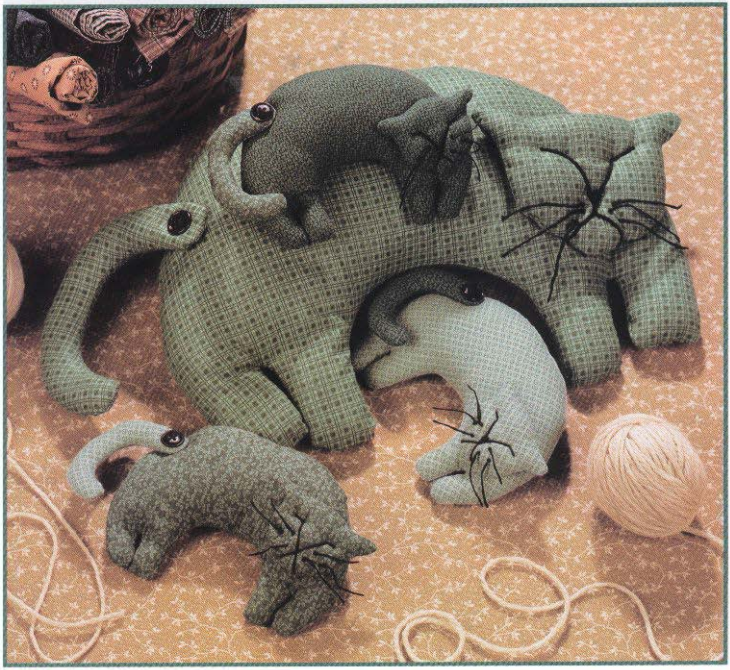
Country Charm

Mix up farm-fresh prints and primitive shapes for charming kitchen accessories. Our hen-party table mat features fused-on chickens and is bordered with a simple strip-pieced checkerboard border. The theme continues with quilted pot holders and a handy towel, all displaying fused appliqués, as well. The jar bonnets are merely lace-trimmed circles of fabric, gathered with a tie.

Cat's Meow

What "purr-fectly" delightful accents! An assortment of soft prints lends character to our litter of lightly stuffed cuddlers. Each has embroidered features and buttoned-on tails. A fused-on kitty, enhanced with blanket stitching, naps on our fabric-covered photo album.





BREAD CLOTH

Photos, back cover and pg. 23

SUPPLIES

Fat quarter ***each*** of two assorted prints
Tracing paper

INSTRUCTIONS

1. To make pattern for bread cloth, fold tracing paper in half. Placing fold of paper along dotted line of pattern, trace pattern onto tracing paper transferring dashed line; cut out. Unfold pattern.
2. Fold fat quarter in half from top to bottom and again from left to right. Place pattern over folded fat quarter with dashed lines against folds. Trace pattern and cut out. Repeat for remaining fat quarter.
3. Matching right sides and raw edges and leaving an opening for turning, use a ¼" seam allowance to sew edges of bread cloth together.
4. Turn bread cloth right side out. Slipstitch opening closed.

PLACEMATS AND NAPKINS

Photos, back cover and pg. 23

SUPPLIES

Fat quarters of assorted fabrics
½ yd of coordinating fabric for backing
Fat quarter of coordinating fabric for napkin

INSTRUCTIONS

Use a ¼" seam allowance for all sewing.

1. For each placemat, cut seven 2½" x 21½" fabric strips and one 14½" by 21½" piece of fabric for backing.
2. Matching right sides, sew long edges of fabric strips together; press. Matching right sides and leaving an opening for turning, sew pieced rectangle and fabric rectangle together. Clip corners, turn right side out and press. Slipstitch opening closed.
3. For each napkin, cut a 17" square of fabric. To hem, press raw edges ¼" to wrong side. Fold edges ¼" to wrong side again and sew in place.

SUNFLOWER WALL HANGING

No-Sew

Photos, back cover and pg. 24

SUPPLIES

¾ yd fabric for background
¼ yd fabric for hanging sleeve
Fat quarters of fabrics for appliqués, borders, and corner squares
½" dia. dowel
Paper-backed fusible web
1"w paper-backed fusible web tape
Black, fine-point permanent pen

INSTRUCTIONS

1. Cut background fabric the desired finished size of your wall hanging.
2. Refer to photo and trace each piece of pattern onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out. Outline and draw details on appliqués with permanent pen. Fuse appliqués to background.
3. Fuse web to wrong side of border and corner square fabrics.
4. Determine width needed for borders and corner squares (we used 3½"w borders and corner squares); add 1". Cut borders and corner squares; remove paper backing.
5. Fuse borders and corner squares to background, folding and fusing 1" to wrong side along each edge of wall hanging.
6. For hanging sleeve, measure width of wall hanging. Cut a strip of fabric 5"w and the determined measurement. Press all raw edges ½" to wrong side.
7. Use 1"w web tape to fuse each long edge of hanging sleeve to back of wall hanging with one edge approximately ½" from top edge of wall hanging.
8. Insert dowel into hanging sleeve.

Designed by Anne Fetzer

SUNFLOWER PLACEMAT

No-Sew

Photos, back cover and pg. 24

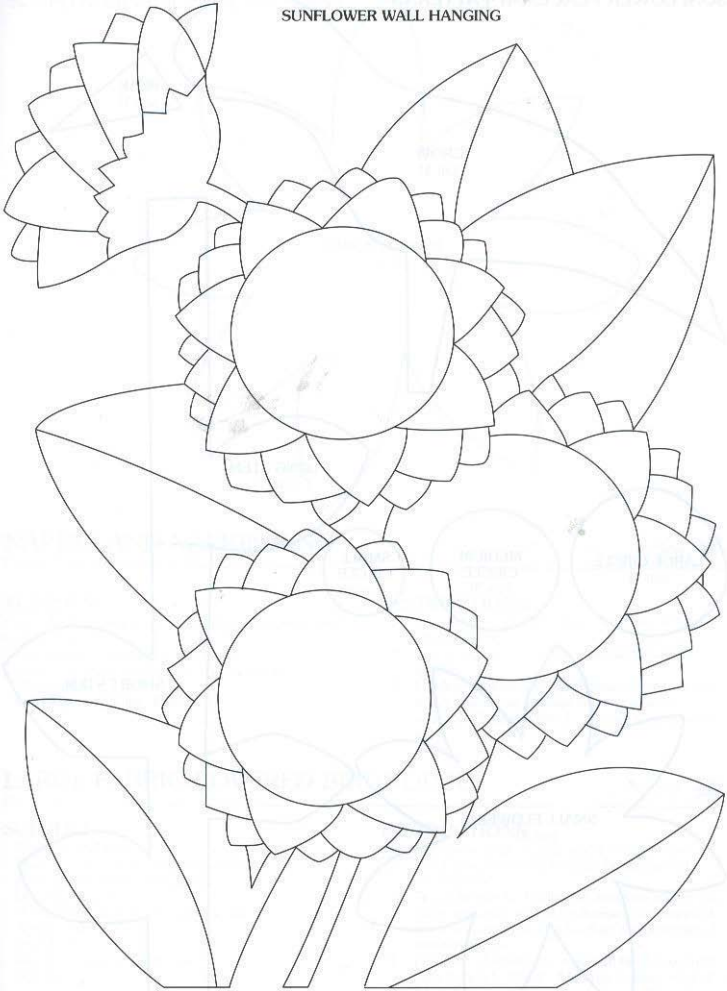
SUPPLIES

Purchased placemat
Fat quarters of fabrics for appliqués
Heavy-duty paper-backed fusible web
Black, fine-point permanent pen
Tracing paper

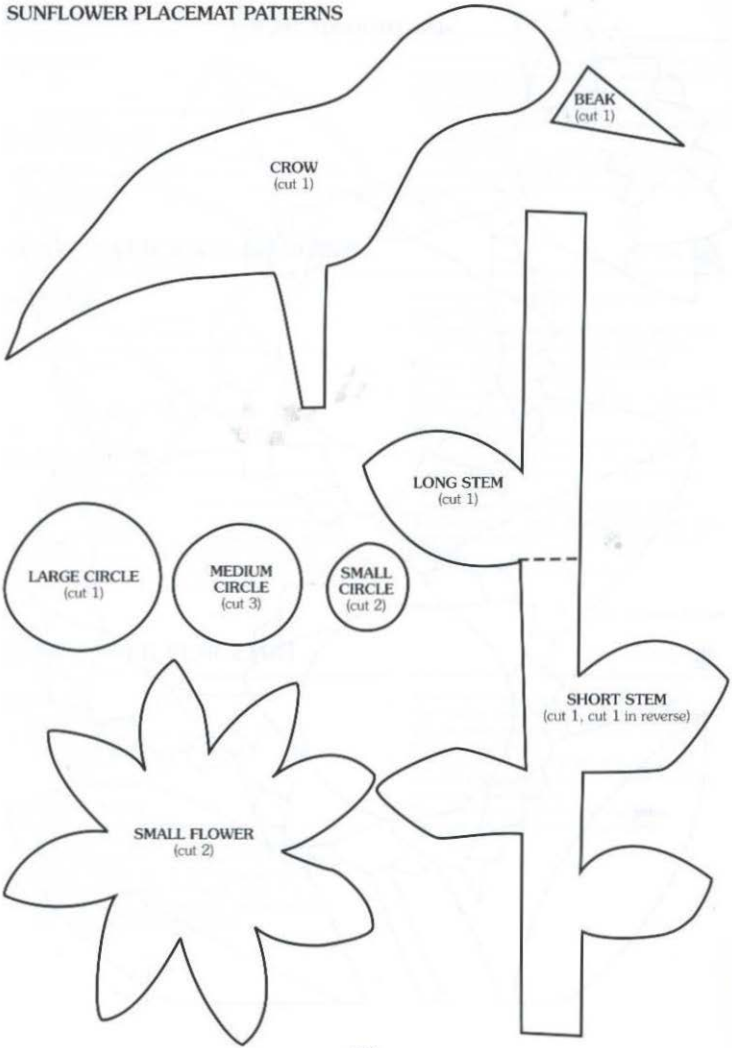
INSTRUCTIONS

1. (*Note:* For long stem pattern, trace entire stem. For short stem pattern trace below dashed line.) Trace each pattern, pgs. 33 and 34, indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabrics; cut out.
2. To reverse short stem pattern, trace pattern onto tracing paper. Turn traced pattern wrong side up; trace reversed pattern onto paper backing side of web.
3. Use permanent pen to draw veins on leaves.
4. Arrange appliqués on placemat, overlapping as necessary; fuse in place.
5. Placemat is recommended for decorative purposes only. We do not recommend laundering.

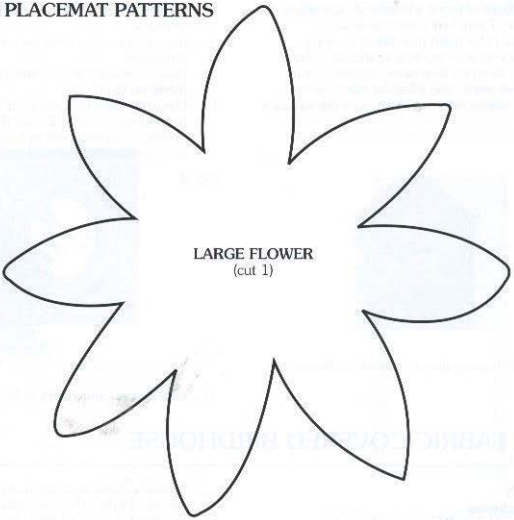
SUNFLOWER WALL HANGING



SUNFLOWER PLACEMAT PATTERNS



SUNFLOWER PLACEMAT PATTERNS



NAPKIN AND NAPKIN RING

No-Sew

Photos, back cover and pg. 24

SUPPLIES

(Note: Instructions are for making one napkin and napkin ring.)

- Fat quarter of fabric that will fringe
- Large sunflower with leaves on wired stem
- Wire cutters
- Gold spray paint

INSTRUCTIONS

1. For napkin, cut a 17" square of fabric. Fringe edges of fabric ½".
2. Use spray paint to lightly paint sunflower as desired.
3. Holding sunflower at petal base, twist stem into a 1¼" dia. circle as close to petal base as possible. Overlap stem 1" and use wire cutters to trim.

LARGE FABRIC-COVERED BIRDHOUSE

No-Sew

Photo, pg. 21

SUPPLIES

- Wooden birdhouse
- Two coordinating fat quarters of fabric
- Artificial silk daisies with leaves
- Decoupage glue
- Matte-finish clear acrylic spray sealer
- Acrylic paint
- Craft knife
- Two 1"w foam paintbrushes
- Hot glue gun

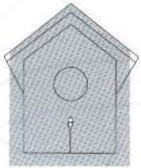
INSTRUCTIONS

1. Apply one coat of clear sealer to birdhouse.
2. Use foam paintbrush to paint birdhouse with acrylic paint.
3. To cut fabrics for birdhouse, measure roof, front, back, and each side of birdhouse. Cut pieces of fabric 1" larger on all sides than the determined measurements.
4. For front of birdhouse, measure birdhouse from base to perch; add 1". Measure bottom edge of fabric for front to find center; mark. Draw a line from center mark to determined measurement for perch; cut along drawn line.

(Cont'd on pg. 35)

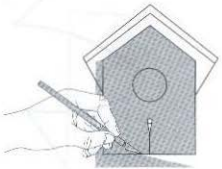
5. (*Note:* Edges of fabric will extend over edges of birdhouse. Fabric will cover the hole in birdhouse.) Use foam paintbrush to apply decoupage glue to front of birdhouse. Center fabric for front on birdhouse, slipping cut in fabric over perch and pressing fabric securely into any angles or corners; smooth out wrinkles ***(Fig. 1)***.

Fig. 1



6. Apply decoupage glue to roof of birdhouse.
7. Center fabric for roof on birdhouse; smooth out wrinkles.
8. Repeat Steps 6 - 7 for back and sides of birdhouse.
9. Apply a second coat of decoupage glue over all fabric on birdhouse.
10. Use craft knife to carefully trim excess fabric from all edges of birdhouse ***(Fig. 2)***. Cut an "X" in fabric covering hole in birdhouse; carefully trim excess fabric around hole.

Fig. 2



11. Glue daisies and leaves to birdhouse as desired.

SMALL FABRIC-COVERED BIRDHOUSE

No-Sew

Photo, pg. 21

SUPPLIES

Wooden birdhouse
Fat quarter of fabric to cover roof and base
Small pieces of fabrics for patches
Rickrack
Assorted buttons
Decoupage glue
Matte-finish clear acrylic spray sealer
Acrylic paint
Two 1"w foam paintbrushes
Pinking shears
Hot glue gun

INSTRUCTIONS

1. Apply one coat of clear sealer to birdhouse.
2. Use foam paintbrush to paint birdhouse with acrylic paint.
3. To cut fabric for birdhouse, measure width (over peak) and depth of roof, including edges. Measure width and depth of edge of base. Cut pieces of fabric the determined measurements.
4. For patches, use pinking shears to cut fabric squares in desired sizes.
5. Use foam paintbrush to apply decoupage glue to roof and edges of roof. Center fabric on roof, wrapping fabric over edges; smooth out wrinkles.
6. Apply decoupage glue to edges of base. Beginning at back, place fabric around edges; smooth out wrinkles.
7. Apply a second coat of decoupage glue over all fabric on birdhouse.
8. Place patches on roof while decoupage glue is still wet. Smooth out wrinkles and apply a coat of decoupage glue over each patch; allow to dry.
9. Hot glue rickrack and buttons to birdhouse as desired.

PICTURE-PERFECT FRAME

No-Sew

Photo, pg. 22

SUPPLIES

Fat quarter of fabric to cover frame
Purchased precut mat for frame front (we used a 5" x 7" mat with a 3" x 4½" opening)
Piece of mat board same size as precut mat for frame back
2" x 5" piece of mat board for frame stand
Low-loft polyester bonded batting
2" length of grosgrain ribbon
Flower lace trim
3mm pearls
Purchased 2"w ribbon bow
Removable fabric marking pen
Spray adhesive
Hot glue gun

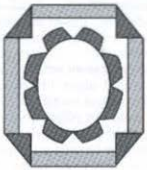
INSTRUCTIONS

1. To cover frame front, use fabric marking pen to draw around mat and mat opening on wrong side of fabric. Cutting 1" outside drawn lines, cut out shape and opening. At each corner of opening in fabric, clip fabric around opening as shown in **Fig. 1**.

Fig. 1

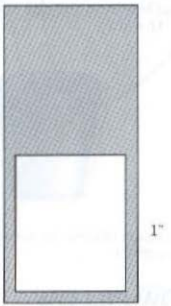
2. Cut a piece of batting same size as mat. Apply spray adhesive to front of mat. Center mat, adhesive side down, on batting; press in place. Cut away batting in mat opening.
3. Center mat, batting side down, on wrong side of fabric. Fold fabric edges at opening of mat to back; glue in place. Fold corners of fabric diagonally over corners of mat and glue in place ***(Fig. 2)***. Fold remaining fabric edges to back of mat and glue in place.

Fig. 2



4. To cover frame back, measure width of mat board; add 2". Measure height of mat board; double measurement and add 2". Cut a piece of fabric the determined measurements.
5. Apply spray adhesive to one side of mat board. Place mat board, adhesive side down, on wrong side of fabric piece as shown in **Fig. 3**; press in place. Fold side edges of fabric 1" to wrong side covering edges of mat board; glue in place. Fold bottom edge of fabric over edge of mat board; glue in place. Fold top edge of fabric 1" to wrong side; glue in place. Fold top half of fabric over mat board and glue along edges to secure.

Fig. 3



6. Glue bottom and side edges of frame front and back together, leaving top edge open to insert photo.
7. To cover frame stand, repeat Steps 4 and 5. Bend top edge of frame stand 1½" to right side. Place frame stand right side up on back of frame with bottom of frame stand even with bottom of frame; glue frame stand, above fold, to back of frame.
8. Glue one end of ribbon to frame stand and remaining end to frame back, approximately 2" from bottom of frame.
9. Glue flower trim around frame opening. Glue one pearl to center of each flower. Glue bow to bottom center of flower trim.

FLOWERPOT DRESSING

Photo, pg. 22

No-Sew

SUPPLIES

Flowerpot
Fat quarter of fabric to cover flowerpot
⅛ yd fabric for trim
Fabric stiffener

INSTRUCTIONS

1. Measure flowerpot from top edge of one side, around bottom, to top edge of opposite side *(Fig. 1)*; add 2".

Fig. 1

2. Cut a square of fabric the determined measurement.
3. Dip fabric in stiffener. Smooth fabric, wrong side up, on protected work surface. Center flowerpot on fabric.
4. Pull fabric up around flowerpot, pleating fabric to fit and pressing raw edges to inside of flowerpot; trim corners if necessary.
5. To cover raw edges, measure around top edge, over fabric edges, on inside of flowerpot; add 1". Cut a 2"w fabric strip the determined measurement.
6. Dip fabric strip in stiffener. Fold each long edge ½" to wrong side. Press wrong side of fabric strip around top edge on inside of flowerpot, covering raw edges.
7. For trim, measure around flowerpot below rim; add 20". Cut a 2"w fabric strip the determined measurement.
8. Dip fabric strip in stiffener. Fold each long edge ½" to wrong side.
9. Place fabric strip around flowerpot. Tie ends into a bow. Arrange loops and streamers; trim ends of streamers as desired.

THROW PILLOW

Photo, pg. 22

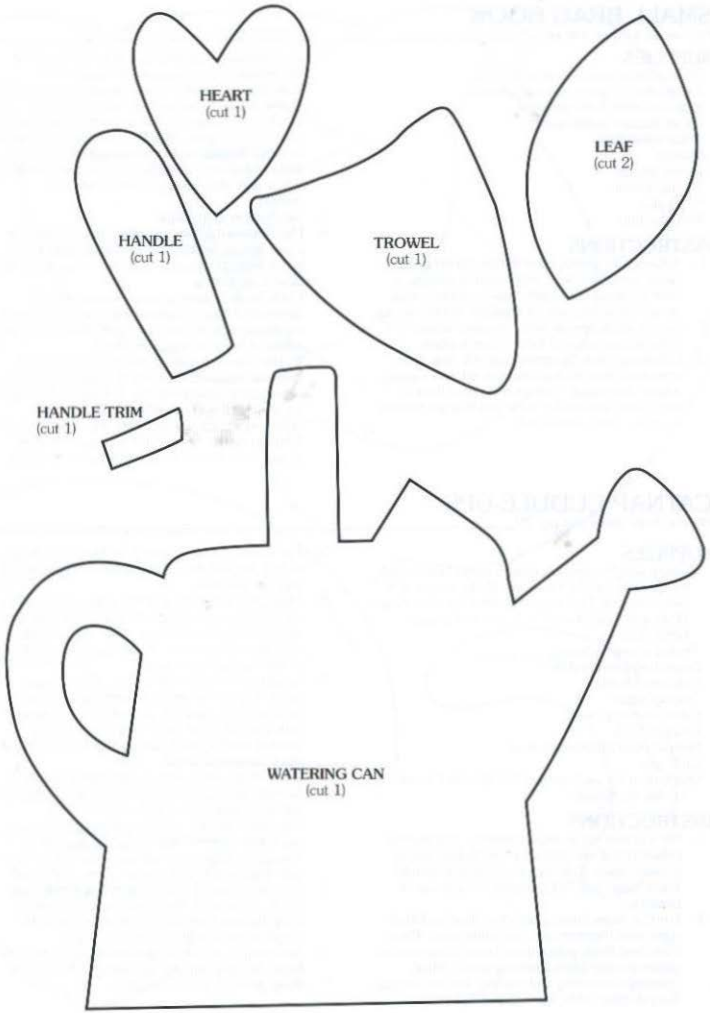
SUPPLIES

Fat quarters of fabrics — two greens, grey, cream, pink, blue, brown, and yellow
Three yellow buttons
Embroidery floss — green, cream, yellow, grey, brown, and pink
Paper-backed fusible web
Pillow form

INSTRUCTIONS

1. Cut one 15½" square from each green fabric for pillow front and back.
2. Fuse web to wrong side of cream fabric. Cut a 9½" square from fabric.
3. Trace each pattern indicated number of times onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of one green, blue, grey, brown, and pink fabrics; cut out.
4. Arrange appliqués on cream background and fuse in place.
5. For prairie point border, cut three 3"w strips the width of pink fabric. Cut strips into 3" squares. To form each square into a prairie point, fold in half diagonally with wrong sides facing; press. Fold in half again forming a smaller triangle; press. Arrange around edge of cream square. Fuse square to pillow front with points under edge.
6. Work blanket stitches, pg. 42, around cream square, handle, leaves, and heart appliqués. Work running stitches, pg. 42, around watering can, handle trim, trowel and centers of leaves.
7. Cut three 3"w circles from yellow fabric. To make yo-yos, turn raw edges of circle ¼" to wrong side and work small running stitches, pg. 42, around edges. Pull thread to gather; knot. Place yo-yos on pillow. Cover with button and sew button to pillow front.
8. Matching right sides and raw edges and leaving an opening for turning and stuffing, use a ¼" seam allowance to sew pillow front and back together.
9. Turn right side out, insert pillow form, sew opening closed.

Designed by Holly Witt for Banar Designs


HEART
(cut 1)
LEAF
(cut 2)
HANDLE
(cut 1)
TROWEL
(cut 1)
HANDLE TRIM
(cut 1)
WATERING CAN
(cut 1)

SMALL BRAG BOOK

Photos, back cover and pg. 29

SUPPLIES

Photo album (ours is 5¾" x 6¾")
Fat quarter of fabric to cover album
Scrap of fabric for appliqués
Paper-backed fusible web
Embroidery floss
Batting
Poster board
½" dia. button
Craft glue
Hot glue gun

INSTRUCTIONS

1. Referring to photo, trace Kitten patterns, onto paper backing side of web, spacing designs at least 1" apart. Cut apart. Fuse patterns traced on web to wrong side of appliqué fabric; cut out.
2. Center appliqués on fabric to cover album 1½" from bottom edge of fabric; fuse in place.
3. Following Stitch Diagrams, pg. 42, use three strands of floss to work blanket stitches around edges of appliqué. Use six strands of floss to work satin stitches for nose and straight stitches for eyes, nose, and mouth.
4. For whiskers, knot one end of a 10" length of six strands of floss approx. 4" from end. Referring to pattern for placement, insert needle at one dot and pull knot up to head. Bring needle from back of head to front at grey dot on other side of nose; knot floss as close as possible to head. Repeat to add remaining whiskers. To stiffen whiskers, rub craft glue into each whisker; shape and allow to dry. Trim whiskers as desired.
5. Sew button to appliqué.
6. Place opened album on wrong side of fabric to cover album, positioning so that appliqués will be on front of album. Cut fabric 1" larger on all sides than album.
7. Cut a piece of batting same size as opened album. Hot glue to album. Place opened album on wrong side of fabric to cover album. Hot glue edges of fabric to inside of album.
8. To line album, measure inside front and back cover of album. Cut pieces of poster board the determined measurements. Cut fabric 1" larger on all sides than poster board. Place poster board on wrong side of fabric. Hot glue edges of fabric to poster board. Hot glue poster board pieces to front and back inside cover of album.

CATNAP CUDDLE-UPS

Photos, front cover and pg. 29

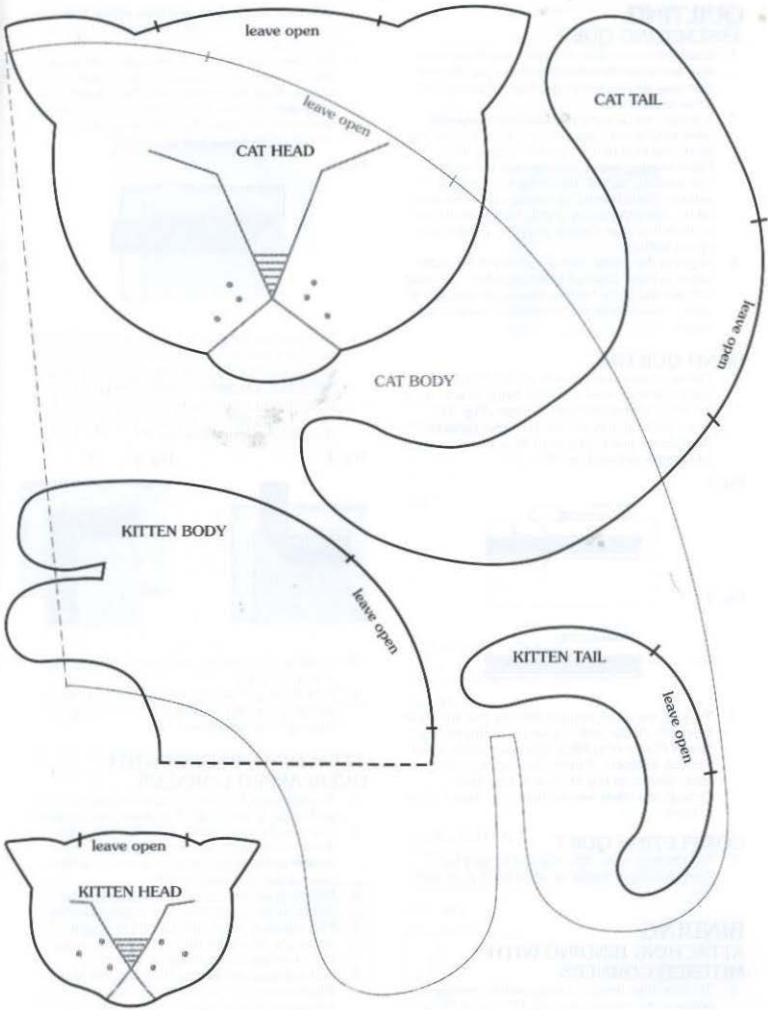
SUPPLIES

Medium weight cotton or cotton blend fabrics (two fat quarters for Cat Head and Body, two 6" x 8" pieces for Cat Tail, one fat quarter for each Kitten Head and Body, two 4" x 5" pieces for each Kitten Tail)
Thread to match fabrics
Liquid fray preventative
Polyester fiberfill
Tracing paper
Fabric marking pencil
Crochet hook
Desired color embroidery floss
Craft glue
One button for each project (⅝" dia. for Cat and ½" dia. for Kitten)

INSTRUCTIONS

1. For Cat and Kitten Body patterns, fold tracing paper in half and place fold on dashed line of pattern; trace. Cut out traced pattern; unfold. Trace Head and Tail patterns; cut out traced patterns.
2. For Cat, layer fabric pieces for Head and Body right sides together and raw edges even. Place Head and Body patterns on fabric; draw around patterns using fabric marking pencil. Mark opening for turning and stuffing. Do not cut out. Repeat using fabric for Tail and Tail patterns.
3. For Kitten, cut fabric piece for Head and Body in half. Repeat Step 2 using Kitten Head, Body, and Tail patterns.
4. Matching right sides and raw edges and leaving an opening for turning and stuffing as indicated on pattern, sew matching fabric pieces together directly on drawn line. Apply fray preventative to stitching at top of legs.
5. Leaving a ¼" seam allowance, cut out each piece. Clip curves and into corners and turn right side out, carefully pushing curves outward with crochet hook. Stuff with fiberfill using crochet hook to stuff hard to reach areas. Blind stitch openings closed.
6. (*Note:* Satin stitch and straight stitch should go through all layers to back of head and be pulled tightly to shape face.) Referring to Stitch Diagrams, pg. 42, and grey lines on patterns, use twelve strands of floss for Cat and six strands for Kitten to work satin stitches for nose and straight stitches for eyes, nose, and mouth.
7. For Cat whiskers, follow Step 4 of Small Brag Book, using a 12" length of twelve strands of floss. Repeat for Kitten whiskers, using a 10" length of six strands of floss.
8. Referring to photo for placement, sew Head to Body. Sewing through all layers, attach Tail to Body through holes of button.

Designed by Susan Carson


leave open
leave open
CAT HEAD
CAT TAIL
leave open
CAT BODY
KITTEN BODY
leave open
KITTEN TAIL
leave open
leave open
KITTEN HEAD

QUILTING

ASSEMBLING QUILT

1. Examine wrong side of project top closely and trim any seam allowances and clip any threads that may show through the front of the project. Press project top.
2. If project top is to be marked before layering, refer to Quilting Diagram for placement and use fabric marking pencil to mark quilting lines.
3. Place backing wrong side up on a flat surface. Use masking tape to tape edges of backing to surface. Place batting on wrong side of backing fabric. Smooth batting gently, being careful not to stretch or tear. Center project top right side up on batting.
4. Begin in the center and work toward the outer edges to hand baste all layers together. Use long stitches and place basting lines approximately 4" apart. Smooth fullness or wrinkles toward outer edges.

HAND QUILTING

1. Thread quilting needle with an 18" length of quilting thread; knot one end. Bring needle up at the point where you wish to begin ***(Fig. 1)***; when knot catches on quilt top, give thread a short, quick pull to pop knot through backing fabric into batting ***(Fig. 2)***.

Fig. 1

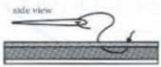
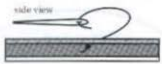


Fig. 2



2. To quilt, use small running stitches that are equal in length. At the end of a length of thread, knot thread close to top fabric and take needle down through all layers of fabric and batting; when knot catches on top of project, pop knot through top fabric into batting. Clip thread close to fabric.

COMPLETING QUILT

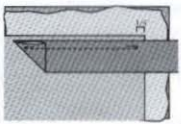
1. Trim batting even with edges of project top. Trim backing 1" larger on all sides than project top.

BINDING

ATTACHING BINDING WITH MITERED CORNERS

1. To determine length of strip needed, measure edges of the project and add 12". Cut a 2½"w bias strip of binding fabric the determined measurement, piecing as necessary.
2. Matching wrong sides and long edges, fold bias strip in half; press. Fold one short end of bias strip diagonally; press.
3. Matching raw edges and beginning with pressed end, pin binding to project front to within ¼" of corner. Mark this point on binding. Sew binding to project, backstitching at beginning of stitching and when you reach the mark ***(Fig. 3)***. Lift needle out of fabric and clip thread.

Fig. 3



4. Fold and pin binding as shown in **Figs. 4** and **5**; matching raw edges. Continue pinning to within ¼" of next corner. Mark this point on binding. Sew binding to project, backstitching at beginning of stitching and when you reach the mark. Lift needle out of fabric and clip thread. Repeat for each mitered corner.

Fig. 4

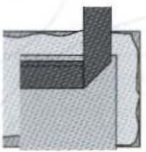
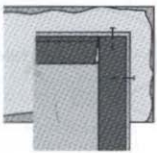


Fig. 5



5. Leaving a 2" overlap, trim excess binding. Stitch overlap in place.
6. Fold binding to wrong side of project covering stitching line. Pin binding in place. Slipstitch binding to backing fabric.

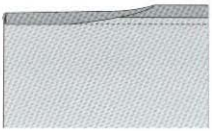
ATTACHING BINDING WITH OVERLAPPED CORNERS

1. To determine lengths of strips needed, measure each edge of quilt; add 3" to each measurement.
2. Cut straight-grain strips of binding fabric the determined length and width called for in the project instructions. Strips may be pieced to achieve the necessary length.
3. Matching wrong sides and raw edges, press strip(s) in half lengthwise to complete binding.
4. Matching raw edges and using a ¼" seam allowance, sew a length of binding to top and bottom edges on right side of project.
5. Trim backing and batting from top and bottom edges a scant ¼" larger than project top so that batting and backing will fill the binding when it is folded over to the backing. If using narrower

binding, trim backing and batting even with edges of project top.

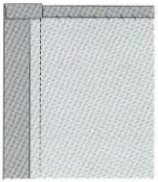
6. Trim ends of binding even with edges of project top. Fold binding over to backing and pin pressed edges in place, covering stitching line ***(Fig. 6)***; slipstitch binding to backing.

Fig. 6



7. Leaving approximately 1½" of binding at each end, stitch a length of binding to each side edge of project. Trim backing and batting as in Step 5.
8. Trim each end of binding ½" longer than bound edge. Fold each end of binding over to backing ***(Fig. 7)***; pin in place. Fold binding over to backing and slipstitch in place.

Fig. 7



GENERAL INSTRUCTIONS

MAKING A HANGING SLEEVE

1. Measure the width of the wall hanging top and subtract 1". Cut a piece of fabric 7"w by the determined measurement.
2. Press short edges of fabric piece ¼" to wrong side; press edges ½" to wrong side again and stitch in place.
3. Matching wrong sides, fold piece in half lengthwise to form a tube.
4. Follow project instructions to sew binding to quilt top and to trim backing and batting. Before slipstitching binding to backing, match raw edges and stitch hanging sleeve to center top edge on back of wall hanging.
5. Finish binding wall hanging, treating the hanging sleeve as part of the backing.
6. Slipstitch bottom of hanging sleeve to backing, taking care not to stitch through to front of quilt.
7. Insert dowel into hanging sleeve after binding.

STITCH DIAGRAMS

BLANKET STITCH

Come up at 1. Go down at 2 and come up at 3, keeping floss below point of needle ***(Fig. 8a)***. Continue to stitch in this manner, keeping stitches even ***(Fig. 8b)***.

Fig. 8a

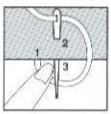
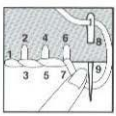


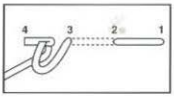
Fig. 8b



RUNNING STITCH

Come up at 1 and go down at 2; come up at 3 and go down at 4 ***(Fig. 9)***. Continue to stitch in this manner keeping stitches even.

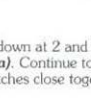
Fig. 9



STRAIGHT STITCH

Come up at 1 and go down at 2 ***(Fig. 10)***. Stitch lengths may be varied as desired.

Fig. 10



SATIN STITCH

Come up at 1. Go down at 2 and come up at 3, close to point 1 ***(Fig. 11a)***. Continue to stitch in this manner keeping stitches close together ***(Fig. 11b)***.

Fig. 11a

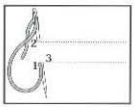
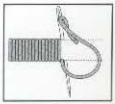


Fig. 11b



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